

# Creech St Michael C of E Primary

## PSHE POLICY "Together, we love, learn and grow!"



"Go and bear fruit—fruit that will last." John 15 v16

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### RATIONALE

At Creech St Michael School, we believe that Personal, Social and Health Education is an essential part of a broad and balanced curriculum through which we develop children spiritually, culturally, morally, socially and physically. As a church school, church school values are very important to us and we will ensure that our teaching and learning reflects this.

### This policy supports/complements the following policies

- Relationships, Sex and Education and Health Education Policy
- Safe Guarding Policy
- Behaviour and Discipline Policy
- Antibullying policy
- Sen policy
- Online Safety Policy
- Equality Objectives
- British Values Policy
- Health and Wellbeing Policy

### AIMS

Through our curriculum, our school environment and our school ethos, we aim to:

- prepare pupils for the opportunities, responsibilities and experiences of life;
- empower them to make judgements and choices based on knowledge and understanding;
- promote pupils' self-esteem and emotional well-being;
- develop positive personal attributes such as resilience, self-confidence, self-esteem, and empathy;
- help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community;
- help them develop the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

### OBJECTIVES

To offer a programme which:

- begins with the child's own perceptions, knowledge and understanding
- helps develop self-awareness and self-esteem
- help develop personal responsibilities towards themselves and others
- teaches the children about mindfulness, resilience and assertiveness
- enables children to understand how the body functions, grows and changes
- provides health related knowledge with understanding and skills to use it
- promotes issues of safety and encourages children to take responsibility for themselves and others
- develops moral values, tolerance and respect for others
- develops an awareness and sensitivity to issues of cultural and religious beliefs
- develops community, national and world awareness

To develop a school environment which:

- supports the programme for P.S.H.E
- promotes opportunities for honest and sensitive discussions and questioning
- encourages children to be involved in planning, evaluating and where appropriate record their experiences and achievements
- involves children in decision making about school life
- promotes the community and social awareness

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### ORGANIZATION

At Creech St Michael School, we teach Personal, Social and Health Education as a whole-school approach Using Jigsaw, the mindful approach to PSHE, as our chosen teaching and learning programme .The Jigsaw Programme is aligned to the PSHE Association Programmes of Study for PSHE. It offers us a comprehensive, carefully thought-through Scheme of Work, which brings consistency and progression to our children's learning in this vital curriculum area.

This also supports the "Personal Development" and "Behaviour and Attitude" aspects required under the Ofsted Inspection Framework, as well as significantly contributing to the school's Safeguarding and Equality Duties, the Government's British Values agenda and the SMSC (Spiritual, Moral, Social, and Cultural) development opportunities provided for our children.

### Statutory Relationships and Health Education Regulations 2019

"The Relationships Education, Relationships and Sex Education and Health Education (England).. make Relationships Education compulsory for all pupils receiving primary education...They also make Health Education compulsory in all schools ' DfE Guidance p.8

We include the statutory Relationships and Health Education within our whole-school PSHE Programme.

*(Please see our separate Policy for Relationships and Sex Education and Health Education.)*

The mapping document: Jigsaw 3-11 and statutory Relationships and Health Education, shows exactly how Jigsaw and therefore our school, meets the statutory Relationships and Health Education requirements.

*(The mapping document can be seen on the PSHE area on the Curriculum page of school website.)*

### Whole School PSHE Programme

The table below gives the learning theme of each of the six units contained within the Programme. These are taught across the school; the learning deepens and broadens every year, ensuring progression and a spiral curriculum.

Term	Puzzle (Unit)	Content
<b>Autumn 1:</b>	Being Me in My World	Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.
<b>Autumn 2:</b>	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and understanding
<b>Spring 1:</b>	Dreams and Goals	Includes goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society
<b>Spring 2:</b>	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise
<b>Summer 1:</b>	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss
<b>Summer 2:</b>	Changing Me	Includes Relationships and Sex Education in the context of coping positively with change

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At Creech St Michael School, we allocate one lesson to PSHE each week in order to teach the PSHE knowledge and skills in a developmental and age-appropriate way.

These explicit lessons are reinforced and enhanced in many ways:

Assemblies and collective worship, praise and reward system, Learning Charter, through relationships child to child, adult to child and adult to adult across the school. We aim to 'live' what is learnt and apply it to everyday situations in the school community.

Class teachers deliver the weekly lessons to their own classes. Good classroom practice will involve a wide range of teaching and learning strategies, which take different learning

### **Guidelines for Visitors**

All visitors to the school will be well briefed by staff and the teacher involved will need to ensure that the visitor shares and understands the objectives of the activity. We recognise that a visitor is not a substitute teacher but a resource for learning. Consequently, any visitor to the school will be familiar with the relevant legislation and guidelines and may be required to undergo a police check.

Visitors may include parents, speakers from various charities and people who work in the community.

### **Relationships within School**

Relationships at Creech St Michael Primary School are based on an atmosphere of trust and respect for everyone. Our School Motto is 'Together we love, learn and grow'. Children are encouraged to develop good relationships with their peers and all staff and to take responsibility for their own behaviour. All staff provide very good role models for children and work hard to promote a safe, happy environment. The children have an active School Council where two children from each class are elected to represent the class's views.

### **ASSESSMENT, RECORDING AND REPORTING**

- Teachers assess the children's learning by making informal judgements as they observe them during lessons;
- We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage;
- We keep records of the contribution to the life of the school and community in photograph and video form and these are mentioned on the end of year report;
- Our Celebration Assembly celebrates personal achievements and desirable behaviours
- A comment relating to PSHE will be included in the annual report to parents on pupils' progress.
- Children are sent to a member of the Senior Leadership Team to share outstanding pieces of work and to receive a special award sticker.

### **MONITORING AND REVIEW**

- The Senior Leadership Team will be responsible for monitoring the standards of children's work and the quality of learning and teaching;
- The Head Teacher and PSHE Co-ordinator will support colleagues in the teaching of PSHE by giving information about current developments in the subject and by providing a strategic lead and direction for the subject in school;
- All staff will be responsible for evaluating strengths and weaknesses in the subject and indicating areas for further improvement.

Draft Policy written by: Vicky Spearing (PSHE Subject Lead) March 2021

Policy to be renewed: March 2023